

Would you like to volunteer and/or to learn about improving food systems? We have volunteer positions and paid and unpaid internships for students and others wanting to learn and gain experience.

For more information contact: Interfaith Food and Farms Partnership, 503-221-1054, e-mail [awarren@emoregon.org](mailto:awarren@emoregon.org) or [jholmes@emoregon.org](mailto:jholmes@emoregon.org)

Address: Interfaith Food and Farms Partnership  
Ecumenical Ministries of Oregon, 0245 SW Bancroft, Suite B, Portland, Oregon 97239

Our mission: To empower faith communities, farmers, and neighborhoods to build rural-urban alliances partnerships for just and sustainable food systems that promote community health.

### 3. Local Food Producers

- 56% of respondents sometimes shop at a farmer's market or farm stand.

### 4. Food Growing, Storing, and Preparation

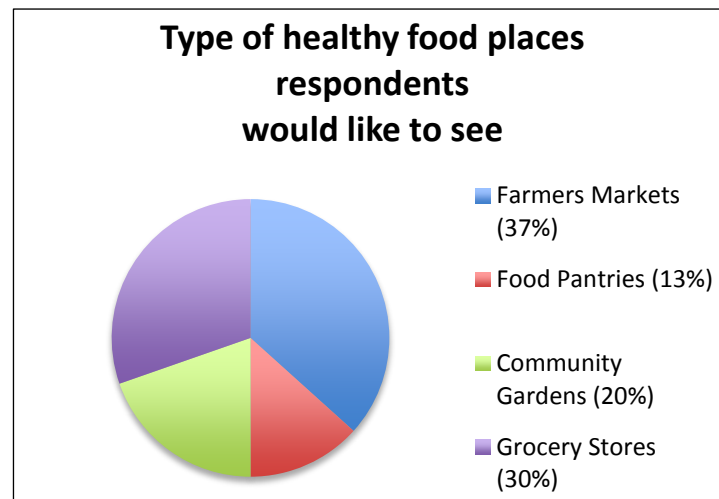
- 16% of respondents grow their own food.

### 5. Food Security

- 66% of residents surveyed have a hard time stretching their food budget to the end of the month.
- 36% of residents surveyed don't know where to go for emergency food needs when their food stamps run out.

### 6. Health

- 97% of Rockwood residents surveyed would like better access to healthy food in the neighborhood.

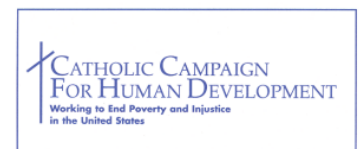


# Food for Rockwood



## Highlights from the Rockwood Community Food Assessment

*Conducted by Ecumenical Ministries of Oregon's Interfaith Food and Farms Partnership in collaboration with We Are Oregon and community Members. Funding provided by Presbyterian Hunger Fund, Jackson Foundation and*



## What is a community food assessment?

A Community Food Assessment is a collaborative and participatory process to tell the story about what is happening around food in a community. Using a variety of tools such as surveys and community conversations an assessment focuses on the strengths of a community and looks at a broad range of community food issues and assets to inform action and engage the community.

## Why a food assessment in Rockwood?

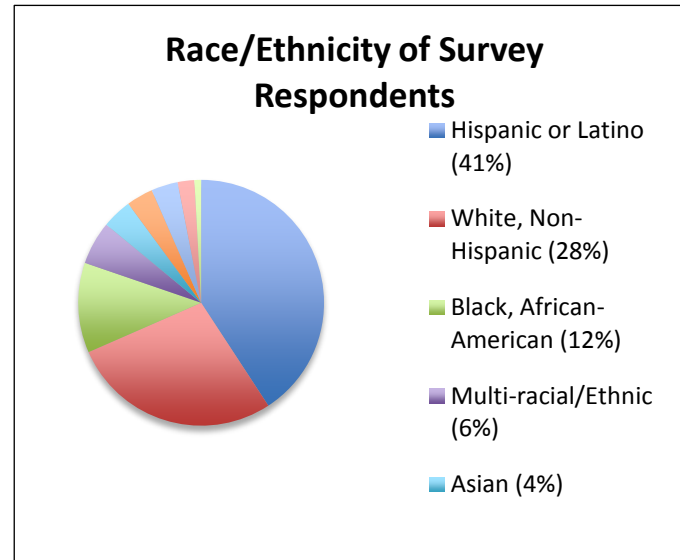
The Rockwood neighborhood of Gresham has 26% of residents at or below the poverty level and has poor access to healthy food. Rockwood also has many assets. It is racially and ethnically diverse and has a strong community advocacy presence.. These are assets to build on.

## Food assessment background

- Started in fall 2012
- A Neighborhood Assessment Team of eight individuals from the community formed to carry out the assessment.
- 235 surveys in English and Spanish.
- Three community conversations in English, Spanish and Russian.
- An Advisory Group of community leaders to support the project.
- Three Community forums to share the results

## Survey background

Door to door surveys were conducted by the Neighborhood Assessment Team during September and October 2012.



## Survey Results

### 1. Where You Shop & Transportation

- Over 43% of respondents cite transportation as a challenge to getting groceries.
- 76% of respondents shop at Winco.

### 2. Children

- 72% of respondents have children living with them.
- 77% of respondents said having children determines what they buy.
- 40% of respondents aren't happy with the school lunch program.

## Contact Information Get Involved!

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

**I am interested in working on the following projects to help improve food access in Rockwood**

- \_\_\_\_ Participating in a community garden
- \_\_\_\_ Starting a community garden
- \_\_\_\_ Starting a food coop
- \_\_\_\_ Improving fresh produce options in convenience and corner stores
- \_\_\_\_ Inventory of land for garden space
- \_\_\_\_ Inventory of kitchens for cooking classes, microenterprise, etc.
- \_\_\_\_ Conducting more surveys
- \_\_\_\_ Starting a grocery store shuttle
- \_\_\_\_ Starting a farmers market or farm stand
- \_\_\_\_ Working on better public transportation
- \_\_\_\_ Advocating for new affordable grocery stores.
- \_\_\_\_ Taking a cooking \_\_\_\_ food preservation \_\_\_\_ nutrition \_\_\_\_ or gardening class
- \_\_\_\_ **Please keep me informed about this project**