# NORTHEAST EMERGENCY FOOD PROGRAM



# of the ECUMENICAL MINISTRIES of OREGON

# **OUR MISSION**

The Northeast Emergency Food Program (NEFP) meets the urgent food and clothing needs of our Portland metro area neighbors while working to develop community solutions to food and economic security, through:

- Securing access to adequate and healthy food.
- Building a more secure safety net.
- Providing job and service leadership training.
- Working for improved job and economic opportunity.

We provide:

- Three to five days worth of emergency food for each person in need.
- Fresh produce, dairy and meat.
- Gently used clothing for the whole family.
- A sense of community for both clients and volunteers.
- Resources for employment, nutrition, gardening and community events.

#### THE NUMBERS

- 1. We serve more than 11,000 unduplicated individuals annually, which is one in every 53 people in Portland.
- 2. Over 840,000 pounds of food were distributed in 2015.
- 3. Community gardens, the Portland Fruit Tree Project, and our own pantry garden bring in an average of 11,000 pounds of locally grown fresh fruits and vegetables each year.
- 4. We are recognized as one of the first Model Healthy Pantries in the state, focusing on providing healthy options and nutritional advocacy to our clients.
- 5. Nearly 40,000 items of clothing are distributed annually.

#### **WHO WE SERVE**

- 1. With no geographic boundaries, we serve people across the entire Portland metro area.
- 2. Who our clients are:
  - 30 percent are children and youth, and 10 are percent elderly.
  - More than 50 percent of working age adults have jobs (usually minimum wage or part-time, and often multiple jobs).
  - 50 percent speak another language other than English in the home.
- 3. We assist food pantries and distribution programs at several neighborhood schools, including Sacajawea Head Start, which saw a 100 percent increase in families helped in 2015.
- 4. We partner with other direct service programs—including many EMO programs, Beinestar de la Familia, Native American Youth & Family Center (NAYA), the Family Room, and many others—to provide food for those in need.

#### **PARTNERS & SUPPORTERS**

- 1. We accomplish all this with 250 volunteers from ages 8 to 93.
- 2. Over 300 financial supporters provide the funding for our operations.
- 3. Thousands of in-kind donors provide food and clothing.
- 4. We maintain strong links to local grocery stores, notably Trader Joes, Whole Foods and New Seasons Market.
- 5. We partner with more than 40 congregations, businesses, nonprofit agencies and civic associations.
- 6. As an Oregon Food Bank partner agency, we work hard to provide solutions to food insecurity across the region and state, as well as nationally.
- 7. A 2015 grant from the Oregon Community Foundation supported our Service Learners Initiative, which provides job and leadership training for student interns, the long-term unemployed and special-needs adults. This work continues.
- 8. We partner with others to work for economic development in northeast Portland—Cully Boulevard Alliance, Our 42<sup>nd</sup> Avenue, and Cully Association of Neighbors.

### ADVOCACY

We advocate at state and local levels for:

- A stronger economic safety net for the working poor, elderly, children and others.
- Expanded job opportunities.
- A living wage and accessible healthcare for all.
- Greater access to fresh produce and healthy foods.

# For over three decades, we have been neighbors serving neighbors in need.



NE Emergency Food Program

## NORTHEAST EMERGENCY FOOD PROGRAM @ Luther Memorial Lutheran Church NEFP is a direct service of Ecumenical Ministries of Oregon (EMO)

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Hours of operation for serving clients: Tuesday, Thursday & Saturday — 1 to 4 p.m.